

qSOFA Score

Item	Options	Points
Respiratory rate 22/min or more	No: Under 22 breaths per minute	0
	Yes: 22 breaths per minute or more	1
Systolic blood pressure 100 mm Hg or less	No: Systolic above 100 mm Hg	0
	Yes: Systolic 100 mm Hg or less	1
Altered mentation	No: Usual mental status	0
	Yes: New confusion, drowsiness or GCS below 15	1

Interpretation

0-1	Negative qSOFA. Lower risk of a poor outcome, but sepsis is not ruled out. Keep monitoring vital signs and use your facility's sepsis screening tool if infection is suspected.
2-3	Positive qSOFA. Higher risk of death or prolonged ICU stay. Notify the provider promptly, assess for organ dysfunction and follow your facility's sepsis protocol.

Total score: _____ Date: _____ Assessed by: _____

Seymour, Singer et al., Sepsis-3 task force, 2016. Sources: Third International Consensus Definitions for Sepsis (Sepsis-3), JAMA 2016; Surviving Sepsis Campaign Adult Guidelines 2026, SCCM; What is new in the 2021 Surviving Sepsis Campaign guidelines (PMC); qSOFA (Quick SOFA) Score for Sepsis, MDCalc. Free calculator and full guide: nursingscales.com/qsofa/ · Educational material; does not replace clinical judgment or facility protocols.